

PROPOSED INDIAN ATHLETICS CALENDAR 2010

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| 1 | 23 rd – 25 th April 2010 | National Youth Athletics Championships (<i>Selection trial for Youth Olympics</i>) | Coimbatore |
| 2 | 1 st – 4 th May 2010 | National Senior Federation Cup | Ranchi |
| 3 | 15 th – 18 th May 2010 | National Open Athletics Championships | Kochi |
| 4 | 27 th – 29 th May 2010 | National Junior Federation Cup (<i>Selection trial for Asian Junior Championships & World Junior Championships</i>) | Visakhapatnam |
| 5 | 31 st May 2010 | Indian Grand Prix | Pune |
| 6 | 1st June 2010 | Asian Grand Prix | Pune |
| 7 | 4 th June 2010 | Indian Grand Prix | Bangalore |
| 8 | 5th June 2010 | Asian Grand Prix | Bangalore |
| 9 | 8 th June 2010 | Indian Grand Prix | Chennai |
| 10 | 9th June 2010 | Asian Grand Prix | Chennai |
| 11 | 29th – 30th July 2010 | Asian All-Star Meet | New Delhi |
| 12 | 1 st – 3 rd August 2010 | East Zone Junior Athletics Championships | Ranchi |
| 13 | 5 th – 8 th August 2010 | National Inter-State Senior Athletics Meet (<i>Selection trial for CWG & Asian Games</i>) | Patiala |
| 14 | 11 th – 13 th August 2010 | West Zone Junior Athletics Championships | Bhopal |
| 15 | 19 th – 21 st August 2010 | South Zone Junior Athletics Championships | Bangalore |
| 16 | 21 st – 23 rd August 2010 | North Zone Junior Athletics Championships | Amritsar |
| 17 | 3 rd – 5 th September 2010 | National Inter-Zonal Junior Athletics Championships | Guntur |
| 18 | 27 th – 30 th October 2010 | National Inter-District Athletics Meet | Haridwar |
| 19 | November 2010 | National Junior Athletics Championships | Belagam |
| 20 | 30 th January 2011 | National Cross-country Championships | Jodhpur |

SLOTS FOR OTHER COMPETITONS

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| 1 | 1 st – 16 th July 2010 | District Athletics Championships | |
| 2 | 16 th – 30 th July 2010 | State Athletics Championships | |
| 3 | 1 st Nov – 15 th Dec 2010 | Board Meets | |

Note: *The athletes selected for the Commonwealth Games & Asian Games will not be relieved for the Board Meets conducted before Asian Games.*

Updated on 30 July 2010