

MEET RECORD AS ON 31.12.2009

FEDERATION CUP NATIONAL JUNIOR ATHLETICS CHAMPIONSHIPS

S.No.	Event	Performance	Naem of Athlete	D.O.B.	State	Venue	Year
JUNIOR MEN							
1	100m	10.61	SURENDER SINGH		HAR	JAMSEHDPUR	MAY 04
2	200m	21.42	MD. MUDDASSAR		KAR	CHENNAI	OCT.03
3	400m	47.16	VIRENDER KUMAR PANKAJ	12.01.88	UP	CHENNAI	16.6.06
4	800m	1:50.22	SAJEESH JOSEPH	14.01.87	KER	CHENNAI	17.6.06
5	1500m	3:54.09	P. TRINATH	04.06.89	AP	CHENNAI	15.6.06
6	5000m	14:55.93	KULDEEP KUMAR		UP	BANGALORE	JUL.01
7	10000m	31:33.6	MUKESH KUMAR YADAV		UP	MUMBAI	OCT'02
8	110m Hurdles	14.37m (-0.4m/s)	DILEEP VENU GOPAL	27.04.90	KER	PUNE	MAY' 08
9	400m Hurdles	51.94s	JITHIN PAUL	13.03.90	KER	PUNE	MAY' 08
10	3000m Steeplechase	9:16.49	VIKAS SINGH		UP	CHENNAI	OCT'03
11	High Jump	2.14m	L.YOGRAJ	09.02.89	TN	PUNE	MAY' 08
12	Pole Vault	4.61	N. VADIVELU	06.10.87	TN	CHENNAI	15.6.06
13	Long Jump	7.63m (-0.7m/s)	CLINTON K.J.		KER	JAMSEHDPUR	MAY 04
14	Triple Jump	15.90	VINOD RAJ N.PAUL	21.03.87	TN	CHENNAI	16.6.06
15	Discus Throw	56.48	SIMRAN JIT SINGH		PUN	JAMSEHDPUR	MAY 04
16	Hammer Throw	70.76	LAIQ AHMED		UP	MUMBAI	OCT'02
17	Javelin Throw	69.25	GURLIRAT SINGH		PUN	JAMSEHDPUR	MAY 04
18	Shot Put	20.35	SAURABH VIJ	14.06.87	DEL	CHENNAI	17.6.06
19	4x100m Relay	42.01	TAMILNADU TEAM		TN	CHENNAI	OCT'03
20	4x400m Relay	3:16.43	ANDHRA PRADESH TEAM		AP	CHENNAI	17.6.06
21	10000m Walk	:43:58.40	GURMEET SINGH		PUN	JAMSEHDPUR	MAY 04
22	Decathlon	6577	BHUPINDER SINGH	07.10.87	PUN	CHENNAI	15/16.6.06
JUNIOR WOMEN							
1	100m	12.18s (+0.3 M/S)	MEERA SINGH		DEL	MUMBAI	OCT'02
2	200m	24.47	MUKTI SAHA		WB	BANGALORE	JUL'01
3	400m	53.25	MANJIT KAUR		PUN	BANGALORE	JUL'01
4	800m	2:05.21s	TINTU LUKKA	26.04.89	KER	PUNE	MAY'08
5	1500m	4:30.95	JHUMA KHATUN	28.08.88	WB	CHENNAI	16.6.06
6	3000m	10:12.74s	KAVITA RAUT		MAH	CHENNAI	OCT'03
7	5000m	17:41.17s	L.SURIYA	07.07.90	TN	LUCKNOW	JUL'09
8	100m Hurdles	14.04m	MUKTI SAHA		WB	BANGALORE	JUL'01
9	400m Hurdles	1:02.10s	A. KALYANI		AP	BANGALORE	JUL'01
10	High Jump	1.74m	M. SANGEETA		TN	BANGALORE	JUL'01
11	Pole Vault	3.45m	V.S. SUREKHA		TN	CHENNAI	DEC'03
12	Long Jump	6.25m (+0.4 M/S)	RUTA PATKAR		MAH	MUMBAI	OCT'02
13	Triple Jump	12.65m (+0.9 M/S)	K. RAVATHI		TN	JAMSHEDPUR	MAY'04
14	Discus Throw	59.26m	SEEMA ANTIL		HAR	MUMBAI	OCT'02
15	Hammer Throw	52.26m	MANJU BALA	01.07.89	GUJ	PUNE	MAY'08
16	Javelin Throw	51.10m	SUMAN DEVI		UP	JAMSHEDPUR	MAY'04
17	Shot Put	15.44m	MANPREET KAUR	06.07.90	PUN	PUNE	MAY' 08
18	4X100m Relay	48.38m	KARNATAKA TEAM		KAR	BANGALORE	JUL'01
19	4X400m Relay	3:58.44s	ANDHRA PRADESH TEAM		AP	MUMBAI	OCT'02
20	10000m Walk	50:46.7s	S. PAVANI		AP	MUMBAI	OCT'02
21	Heptathlon	4567 Pts.	SHILPA SUNDER	28.02.87	KAR	CHENNAI	15/16.6.06